

Dream

By Liliana Cabrera



The Royal Spanish Academy Dictionary defines dream as sleepiness, fantasy or an project. Thus, the typical “American Dream” would be a fantasy or a project? is a business, a house, a car, and higher education to have better incomes.

Perhaps there are a limited number of people whom have other kind of dreams. Such as, dreaming about being a better human each day or spending a quality of time with someone instead of buying to this someone gifts. In fact, speaking about quality of time, a study has been done at the University of Toronto, Canada to a group people, who have been tested at a concert while they were listening “The Flower Duet” song of the opera “Lakme.” They have been asked to think about this time being paid. Evidently, they became anxious and would rather be doing something else where their time would be paid.

My point here is that time and human values can be turn into new dreams when we foremost go after artificial dreams. If we want to get out of a well established social structure have **to complete turn of 360 degrees**. All this, my

unattainable dream it is to see more inculcating of human values such as respect, patience, or humbleness. By doing so fire arm shootings and other incidents would stop. I say my unattainable dream because there are no other initiatives more than "Gun Control," "Mental Illness Prevention," and "Antiterrorism." These initiatives are like start medicating patients without a previous examination. Every time these incidents occur; does anyone questions about how much of morals values do we have or what do we worship? Is obvious that the more we are connected through the internet increases isolation, loneliness, and depression worldwide. There are a number of studies showing same thing.

Having said that, not all of the dreams are unattainable. Therefore, not long ago when I decided to stop eating meat besides my own health interest, I have always felt an especial empathy for the planet. Up until now, I am realizing that everything is relative; such as when I avoid using straws at restaurants, when I take my own bag for food shopping, being conscientious about buying things not because I want instead because I need them, and other unhealthy habits which I think are part of meatless diet.

After all, no matter how one defines a dream or what personal dreams has must realize that somehow everything is relative...